

ATLANTIC ACRO YOGA

TEACHER APPLICATION



WWW.ATLANTICACROYOGA.CA



Hello there!

Thank you for your interest in teaching at Acro Atlantic Festival 2025! This isn't your typical acro event — and we like it that way. Our festival is rooted in connection, co-creation, and community care. We're growing something special here on the East Coast, and we're looking for teachers who want to grow with us.

Our festival blends workshops and open jams with optional classes in modalities like acro flows, standing acro, partner stretch, movement games, and Thai massage. Every hour is designed to foster connection - not just to your skills, but to your fellow teachers and attendees.

We want you to teach, yes—but also to play, learn, and be present when you're not on the schedule.

Abby, Sara & Jamessee

Founders, Atlantic ACRO Festival

WHO WE'RE LOOKING FOR

We're calling in teachers who:

- ✓ Love to teach and participate
- ✓ Are eager to learn, jam, and connect with others
- ✓ Can offer classes in one or more movement modalities (acro yoga, standing acro, Thai massage, handstands, dance, partner stretch, etc.)
- ✓ Understand that this festival is more about people than performance
- ✓ Can vibe with our community-first mission



"Play matters because people matter. It reminds us of our interdependence and gives us a chance to really see other people and, in turn, to be really and truly seen."

— Jill Vialet

FESTIVAL LOGISTICS

01

LOCATION

Broadleaf Ranch 5526 NB-114, Hopewell Hill, NB E4H 3N5

02

DATE

June 25-June 26 for teachers

03

TEACHING LOAD

1-2 classes

04

COMPENSATION

No monetary fee; this is a community-minded, co-creative opportunity



COMMUNICATION

CONTACT DETAILS

647.549.5517
info@atlanticacroyoga.ca

WEBSITE

www.atlanticacroyoga.ca

SOCIAL MEDIA

@atlantic.acroyoga
@acroyoga.moncton



We're so grateful you're considering teaching at Atlantic Acro Fest! While we're still in the early stages of growing this festival, we're pouring our energy into making it a deeply rewarding and fun experience for both participants and facilitators.



1

FULL FESTIVAL ACCESS

You'll receive a weekend pass to the entire festival, including all classes, workshops, jams, and community events. We strongly encourage teachers to attend and participate in other sessions—they're some of the most nourishing parts of the weekend!

2

ACCOMADATIONS

Your accommodations for the entire weekend will be covered. The style of accommodation will be subject to availability but rest assured you will have a place to lay your head. There are upgrade options available through Broadleaf directly.

3

A CO-CREATED COMMUNITY

This isn't just a teaching gig—it's a chance to be part of a festival that values co-creation over hierarchy. We're looking for teachers who are excited to participate as much as they lead, who are down to jam with students, cheer on fellow teachers, and be immersed in the community vibe.



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"The beauty of acro yoga isn't just in the shapes we create, but in the space we hold for one another. It's in the laughter after the fall, the hand offered without hesitation, and the quiet trust built one movement at a time."



TESTIMONIALS



IAN

I tried acro on the recommendation of a friend that I climbed with. He'd said it was a similar sort of fun, and it was! It's also a wonderful community of supportive and encouraging people. Whether it's community center classes and jams, open gym, acro in the park, or acrofest, I'm grateful for all of the amazing people sharing their skills, their time, and their smiles.

KELISSA

I first joined acro to move my body and connect with people and it's become one of the highlights of my week. The community is warm, fun, and supportive, with classes that welcome beginners and challenge those ready to grow. If you're looking to try something new and get out of your comfort zone, I cannot recommend acroyoga enough!



HAILY

I tried an acro yoga class because it looked like so much fun and it definitely was!! I fell in love with it right away. I like the challenge of getting better at balance, trust and strength but it's really easier than it may look. It builds your confidence by learning something new and doing things you never thought you would... the friends and belly laughs that come with it are just an added bonus

FAQ's

Do I need a teaching partner?

Not necessarily. You're welcome to apply solo or with a teaching partner. If you apply alone and are open to co-teaching, let us know—we may be able to pair you with someone based on your teaching style and skillset.

What if I've never taught at a festival before?

That's okay! We're not just looking for experienced festival instructors—we're looking for grounded, enthusiastic teachers who care about community, safety, and connection. If you're passionate and feel aligned with our vibe, we want to hear from you.

Will I get paid?

At this stage of the festival, we are not offering monetary compensation. Instead, we provide full access to the entire weekend experience plus accommodations. As the festival continues to grow, we plan to revisit our compensation model.

Do I need liability insurance?

We recommend that all teachers carry their own liability insurance if they have it. Depending on our final venue, there will be some waivers in place, but it's always a good idea to be covered—especially when teaching movement practices.

Can I attend other classes while I'm not teaching?

Yes, absolutely! In fact, we hope you do. One of our biggest values is participation—we want this to feel like a weekend with you, not just led by you.

Will my class be filmed or photographed?

We will have a photographer and videographer capturing the festival and many students like to film to be able to revisit the skill! Let us know if you'd prefer not to be photographed while teaching—we totally respect that and will make sure your wishes are honored.



FEELING CALLED TO JOIN US?

We envision a thriving Atlantic acro scene where people feel safe, seen, and inspired to grow. Our festival is one building block in a larger movement centered on connection, consent-based practice, and creative collaboration.

If this vision resonates with you as a teacher, we warmly invite you to apply, And if we aren't able to accommodate you this year, we hope you'll consider joining us as a participant—or applying again in the future as our festival continues to grow.

APPLY HERE

ADDITIONAL QUESTIONS?
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